



**EDMUNDS**  
ELEMENTARY SCHOOL

# FRIDAY



# FLASH

299 Main St, Burlington, VT 05401 • 864-1791

**Date and Volume Number**

October 31, 2014

## From the Principal's Desk

The week following a time change is always interesting at schools - and it doesn't matter the grade level of schools either. I've taught in K-8 schools and high schools and kids are always a bit off the week after the time change. By off, I mean a bit edgier, things might bother them more easily - basically, whatever behavior you experience when they are tired, we will see more of it at school. The fall change is doubly challenging because it follows a week of heightened anticipation because of Halloween. (And then there's the candy collected and the impact of all that sugar.)

I've often thought it is too bad that Congress never saw fit to do the time change on a Friday night. It probably never occurred to adults that an hour time change is like jet lag to children. A time change early Sat. morning would allow children both Saturday and Sunday to get use to the hour change. I suppose it isn't in the best interest of business for some reason, but given that retail is now open 7 days a week, it really shouldn't make any difference to businesses any more. Schools certainly would consider it to have been helpful if Congress had thought of giving the students a bit more time to adjust to the time change. Perhaps just one more reason to even out the gender balance in the legislature!

I've often thought that there is a way we could achieve the same goal without an act of Congress. Why not get the two days to adjust by simply acting like the time change happened at two Saturday morning rather than Sunday morning? Turn the clocks back for the children (while keeping the real time for ourselves on Saturday). It's only for a day but if it helps them adjust at home, where taking a catnap is perfectly fine, then why not? It might not be as easy to do this with older students, but it certainly would be possible with the younger children.

It's just an idea, but if it helps them adjust more smoothly, it could make the week better at school and at home. If you do it, let me know how it works. We could create a movement!

## Upcoming Events:

- Oct. 31 Halloween Parade 2:00pm
- Nov. 3-7 Book Fair
- Nov. 4 Hirja - Islamic New Year
- Nov. 12 Turkey Trot (and roll) and Food Drive
- Nov. 12 PTO Meeting - 7-8 pm
- Nov. 21 Report Cards sent home

**Whole School Assembly**  
**Wednesday, Nov. 5**  
**8:10 - 8:30**

### HALLOWEEN PARADE

The annual Halloween Parade will take place Friday, October 31 at 2:00pm. The students will be on the athletic field for the start of the parade. Please join us as we walk around the block.

### SCHOLASTIC BOOK FAIR

The annual Edmunds Elementary School Book Fair will be held this year on November 3 - 7 in the Edmunds Middle School Library. Scholastic will once again be providing the books for our sale.

### VOLUNTEERS NEEDED FOR BOOK FAIR NOV 3-7

Time commitment is 1-2 hours. Location: EMS Library. Email Kathy Neil ([kneil@bsdvt.org](mailto:kneil@bsdvt.org)) if you can help.

### Book Fair hours are:

**Monday November 3rd - Thursday November 6th:**

**8:00 am - 3:30 pm**

**Friday November 7th: 8:00 am - 1:00 pm**

**\*\*\* Special Night Hours \*\*\***

**\*\*\* Thursday Nov. 6th 4:00 to 7:00 pm \*\*\***

We encourage parents, friends, and relatives to visit our book fair throughout the week. Funds raised through your purchases help us pay for author visits, videos, equipment, and activities enjoyed by all students. Thank you for your support of the school library!

**FROM THE PTO****PLEASE HELP US FILL THE SEATS AT REV THIS SUNDAY NOVEMBER 2!**

This Sunday Nov 2 is Four Winds fundraiser at REV and we still have room for lots of riders! Please pass this information along to your friends, co-workers, book groups, neighbors. REV is an indoor spinning studio on Flynn Ave. Rides are at 8am, 9am, 10am & 11am and cost \$20. Rides are run by experienced instructors with great music! No experience necessary for riders, REV will set you up on a bike for the ride. Go to [info@revindoor.com](mailto:info@revindoor.com) and email or call Rev at 598-9746 to register. We have some amazing prizes for riders:

- 2 one-month FAMILY memberships at the EDGE
  - 2 season parking passes for Burlington parks
  - 60 minute massage at Body Resolution
  - 10 day class pass to Body Resolution
  - FIT Bit
  - Local Motion bike ferry pass
  - 5 class pass at south end studio
  - 3 month adult membership to the Y
- 2 \$100 discounts to wingspan french and art classes

**PTO MEETING AND COMMON CORE DISCUSSION NOVEMBER 12 FROM 7-8 PM**

All are welcome and childcare will be provided. Will include a discussion of the Common Core curriculum with Dr. Ellen Baker, the director of teacher education at UVM.

**TURKEY TROT (AND ROLL) AND FOOD DRIVE ON NOVEMBER 12**

Walk, roll, bus or carpool. Please bring a non-perishable food item for the Chittenden County Food Shelf. A box for donations will be in the front entryway. Please contact Rachel ([rachskye@gmail.com](mailto:rachskye@gmail.com)) or Peggy ([peggyov5@gmail.com](mailto:peggyov5@gmail.com)) with questions.

**THANK YOU: MULTICULTURAL "ROCK AROUND THE WORLD" VOLUNTEERS**

Thank you to everyone who helped make Multicultural Night such a great success.

Thank you to the set-up crew, the DJ team, the students, the UVM Dance Team, the families for attending, for the delicious dishes, the activities tables, the singing, the dancing, the sharing of music from around the world, the colorful student-made flags, the teachers, the After School crew, the poster designers, the leader and to everyone. What a great night - so glad our family is part of the EES family. A special thank you to Signe Daly, the coordinator.

**SUPPORT FUND FOR SHELLEY SPINNER**

Many people have asked how they can support Shelley Spinner and her family. In response, we have set up a support fund website. From the website: "We have struggled to find a way to show our love, support and dedication to her recovery. Donating to Shelley's fund is just one more way we can do this. Let's all inspire HER to recover, to heal and to beat this! Contributing to this fund will provide Shelley and her family with a bit of financial peace and will allow them to focus on what is most important: Shelley's recovery and family quality time." If you would like to donate, please go to the link below. <http://www.youcaring.com/medical-fundraiser/support-fund-for-shelley-spinner/247918>

**PTO EMAIL UPDATES**

The PTO sends out weekly email updates. If you would like to be added to the PTO email list, please contact Marni Slavik at EES PTO ([pto@eespto.org](mailto:pto@eespto.org)).

For more information about PTO events visit:

<http://eespto.org/> or <https://www.facebook.com/eespto>.

**[FROM THE COMMUNITY \(these are presented from the community members and are not from Burlington School District:](#)**

The Smarter Schools has two goals - find those school board candidates we so desperately need as all 12 school board seats are up for election on Town Meeting Day and to go to school board and committee meetings and use social media to keep the community informed, especially about the 'level services' budget. Contact Kathy Chasan ([kathychasan53@gmail.com](mailto:kathychasan53@gmail.com)) if you would like to learn more.