

FRIDAY



FLASH


**EDMUNDS**  
 ELEMENTARY SCHOOL

299 Main St, Burlington, VT 05401 • 864-1791

Date and Volume Number

November 11, 2016

**Up Coming Events:**

Nov. 11 - End of Marking Period

Nov. 18 - Report Cards Go Home!

Nov. 21 &amp; 22 - Parent/Teacher Conferences (No school for students)

Nov. 23-25 - Thanksgiving Recess (No school)

**From the Principal's Desk**

When you were a child, can you remember ever telling a lie? My mother was the disciplinarian in the family and she always said that the punishment would be twice as much if she found out we were lying. It was always a gamble. Sometimes I risked it and didn't get discovered. Other times, my mother found out and then I was in BIG trouble. Eventually, I figured out that telling the truth and suffering the consequences was easier than lying. I heard a great [TedTalk](#) and want to share it with you. If you are getting this on paper, look for Kang Lee: Can you really tell if a kid is lying. Definitely worth watching!

When children lie, it is not a major character flaw. As they begin to do it, we shouldn't look at it as a failure on our part. Lying is an indication of achieving some developmental benchmarks. By the time kids reach the age of 5 almost 100% lie. Lying is an indication that the child has become aware that they have knowledge that you don't have. They know that you don't know what they know. This is good. It means that if they know that the house is on fire, they would know it is important to tell you about it, or if a younger sibling is in danger, they know to tell you. Of course, that knowledge also provides the opportunity to avoid something that will could result in a punishment, hence lying.

The second aspect of lying is self control - the ability to control their speech, facial expression and body language. Self-control is something that we want our children to develop, so they practice it - on their parents, on their teachers and on their peers. Self control helps them be able to navigate in social circumstances like school.

The other thing about lying that is really important to understand, is that we adults don't know when kids are lying more than about 50% of the time. Having raised four children, I know that I got it right some times, and didn't the other. What was important, was not letting them think they could lie all the time and never be challenged, because that just leads to them becoming extremely good at lying. I've seen it in students whose parents believed everything they have said. I have had students tell me, "It doesn't matter what anyone else says, I can lie because my parents believe everything I say." That undermines the development of the child in becoming a successful adult and it undermines the ability of schools and any other adults to work with the child.

**Whole School Assembly**
**November 16, 2016**
**Gratitude - Who are we thankful for at EES**
**Introduction of December Food Drive**
**Miss Bellavance's Class Leading**
**(CONT)**

There are times when parents have difficulty knowing who to believe when we call and report something regarding their child. Their child may tell a different story. When this happens, it is important to think about motivation. What is the motivation of the school to report poor behavior? It is not pleasant for educators to have to tell a parent about misbehavior. We do it because it is important for the parent to know and to enlist their in teaching the child better behavior. The child's motivation to present a different story is to avoid their parent's disappointment and any possible punishment.

At the end of the day, the Aesop fable of the Boy Who Cried Wolf is an important moral's lesson to tell children. While we can acknowledge the developmental skills that are involved in lying, it is also important to help children understand how important it is to be truthful in order for people to be able to trust them. Trust is the one thing that we all have until we give it away by lying.

**MUSIC NEWS!**

Next week is Student's Perform Week. Any student at EES has a chance to share musical learning from outside the music classroom. Quality performances are prepared ahead of time, appropriate for school, and timely (short, 1-3 minutes). The EES 4/5 Chorus will be sharing a short preview concert at the Multicultural Dinner this evening. Singers will meet in the music room at 6:00 for a quick warm up and perform a short concert starting at about 6:10. Dress for the concert is casual.

**PTO Leaders:** Leigh Fisher, Hollie Foley and Rachel Shelley

**PTO Contact:** [pto@eespto.org](mailto:pto@eespto.org)

**VERMONT COFFEE COMPANY ORDERS DUE TUESDAY NOVEMBER 15TH!**

EES makes \$6/bag! Orders will be collected the third Tuesday of every month. This month orders will be delivered Friday, November 18th.. Order forms at Front Office and EES PTO website.

(<http://eespto.org/fundraisers/Vermont-coffee-fundraiser/>).

Checks payable to EES PTO, OR Pay via PayPal; Please note in PayPal "Purpose Box" number of bags and coffee choice. Contact Pam Moreau ([802.999.4590](tel:802.999.4590) or [pmoreaulawvt@gmail.com](mailto:pmoreaulawvt@gmail.com)) with questions.

**PLEASE HELP UVM MEDICAL STUDENTS - TAKE THE VERMONT HEALTHY KIDS MEAL SURVEY!**

The University of Vermont Larner College of Medicine and the American Heart Association are working in partnership to improve the nutritional quality of foods marketed to our children. The Vermont legislature is considering applying nutritional standards to children's meals throughout the state. The College of Medicine, the American Heart Association, and your legislators would like to know what you as parents think about the matter. Medical Students from the UVM Larner College of Medicine have created a survey which can be accessed here. <https://survey.uvm.edu/index.php/154446?lang=en>

Your responses to this survey will have an impact on these nutritional standards.

UVM Medical Students will also be attending our Multicultural Night to reach out to parents regarding this study. Stop by their table to find out more information.

**WE NOW HAVE AN AMAZON SMILE ACCOUNT!**

Starting to think about Holiday shopping or do you love to get your bulk items from Amazon? Do your shopping and help support EES by shopping via your account at [smile.amazon.com](https://smile.amazon.com)! Designate **Edmunds Elementary School PTO Inc.** as your charity of choice once - and we will receive .5% of your sale to help fund our field trips, teacher grants and events like Skate Night, Math Night and Multicultural Night!

<https://smile.amazon.com/ch/03-0368400>

**EDMUNDS POM POM HATS!!!**

Hats for Sale Hats for Sale!! Look For PTO Leadership selling Edmunds Pom Pom Hats in the Horseshoe during Drop off and Pick up. \$10 a Hat!

**LIKE US ON FACEBOOK**

Did you know the EES PTO is on Facebook? We can be found at: <https://www.facebook.com/eespto/?fref=ts>

**PTO EMAIL UPDATES**

The PTO sends out weekly email updates. If you would like to be added to the PTO email list, please contact Rachel Shelley at EES PTO ([pto@eespto.org](mailto:pto@eespto.org)).