



# FRIDAY FLASH



299 Main St, Burlington, VT 05401 • 864-1791

January 18, 2013

## From the Principal's Desk

I spend a fair amount of time separating fact from fiction in my role as principal. It's not much different from what I did as a parent, whether determining who hid the frying pan under the back stoop and the dirty bowl in the back of the cereal boxes to avoid washing them, or as two children argued about who "started it". As an adult, we have developed skills in investigating incidents; the tell tale smudge of chocolate on the lips, the crumpled tin foil wrapper under the pillow, all lead to the truth despite the big brown eyes looking earnestly up at you proclaiming innocence that they didn't eat their brother's chocolate turkey. As adults, we've developed a sense of knowing who can be trusted and who cannot.

Children's ability to discern when they are being told the truth and when they are not is learned over time. Some of that experience comes from learning that someone lied to them and some comes from their own experiments. Some will experiment with lying pretty early - even toddlers will try to hide something that they know they were not supposed to do to stay out of trouble.

If a child has little experience with lying, either from experimentation or from people not doing what they said they would do, they are far more likely to believe what they are told. While a child might be savvy enough to question what a playmate or sibling says, they are less likely to question what someone older says. This can be unsafe especially if what they are told is meant to manipulate them.

As much as we want our children to trust the world they live in, we need to also equip them with tools to be alert and question. The first tool they have is in their own internal alarm system. Let them know that it is important to pay attention to the squirmy feeling when they feel something is wrong. It is their personal alarm. They need to understand that there are things that people say that are not true. This is especially true when they are being asked to do something that makes them feel squirmy in their tummy and they are being told not to tell or something bad will happen to them. If someone makes them feel afraid, they need to tell. Teach them that the best way to be safe is to tell a trusted adult. Go over the names of the trusted adults at home, in the neighborhood and at school to make sure they know who they can go to. The combination of having a squirmy feeling and feeling threatened is a combination that they need to be aware is unsafe. If adults are near, they should use a loud voice to say no and go to the trusted adults. If adults are not near, they should tell as soon as they are with a trusted adult.

Safety comes in teaching "what to do if". We don't need to be scary, but we do want to give children tools to help themselves.

## Upcoming Events

- Jan. 21 No School Martin Luther King Day  
EES Chorus Performance - ECHO Center 2 pm
- Jan. 24 PTO meeting - School Safety 4:30 pm
- Jan. 26 Math Night at EES!
- Feb. 11 Duct Tape Parenting! You'll want to go to this!!
- Feb. 6 NAEP testing for 4<sup>th</sup> grade
- Feb. 7 Early Release - 11:30
- Feb. 9 EES to UVM Women's Hockey - 2:00

**Whole School Assembly**  
**8:10-8:25**  
**Kindness counts**

**Ever notice that kids don't come with a manual? Here's the next best thing!**  
**DUCT TAPE PARENTING! WITH VICKI HOEFLE.**  
**FEB 11<sup>th</sup> 5:45 - 8:00 PM**

The Family School Partnership and the PTO are hosting an evening with parenting expert Vicki Hoefle. Vicki will share tips from her new book *Duct Tape Parenting, A Less is More Approach to Raising Respectful, Responsible and Resilient Kids*. Vicki loves to share her parenting tips and techniques along with humorous stories to help parents begin the journey to parenting from their best. She brings a new perspective to the job of parenting that is not only liberating and refreshing, but works to create long-term change and happiness in any family. Vicki will share the principles from her book and answer questions about raising kids in an atmosphere of respect, cooperation and support. Her presentations have been called "inspiring, informative, entertaining and life-changing." You won't want to miss it!

**RSVP to Claudia Renchy Morton** at [claudiarenchymorton@gmail.com](mailto:claudiarenchymorton@gmail.com) by **February 1, 2012**. Free pizza and childcare will be available for those people who register.

5:45PM to 6:15PM pizza in the gym  
6:15PM to 8:00PM conversation with Vicki Hoefle

**Calling all future Kindergarten Parents!**  
**Please alert your friends with children who will be Kindergarteners to come to one of our Kindergarten tours,**

**Jan. 22 at 8:20, Feb. 7 at 1:15, Feb. 12 at 1:15**  
**More tours throughout the Spring**

## From the Student Council

Hello families!

The student council has decided to do a raffle to raise money for the Red Cross to help Hurricane Sandy victims. The prize for the raffle is for a class to win a collection of outdoor toys. We are asking YOU for a donation of an outdoor toy. The students will be able to buy tickets the tickets will cost 25¢ for 1 or \$1.00 for five.

**Ideas for outdoor toys? Sleds, Frisbees, jump ropes, soccer or footballs, chalk. Ask your kids!**

The donations should be in by Jan. 25 We will sell tickets between Jan.28- 29, And we will draw a class at the assembly on 1/30. Bring the donations to Mrs. Hathaway's office.

## PTO NEWS

### NO FRILLS FUNDRAISER

At the beginning of each year, our PTO asks Edmunds families for financial support. We call it our annual "NO FRILLS" fundraiser, and it directly benefits your child or children at our wonderful school.

Our PTO works hard to create a school year filled with enrichment activities, field trips, and community-building events. **100% of your donation will go towards programs that enrich the lives of all our students and caring community.**

MATH NIGHT, AUTHOR VISITS, TEACHER GRANTS, BCA CLAY STUDIO, WEDNESDAY MORNING ASSEMBLIES, WELCOME BBQ, SLEDS, MAYFAIR, WALK TO SCHOOL, READING-TO-END-RACISM, CLASSROOM MATERIALS

No gift amount is too small or too large. EVERY DOLLAR MATTERS! We are hoping for 100% family participation.

Families can send their donation to school with your student, drop it off at the office or pay with your credit card on-line at the PTO website, [www.eespto.org](http://www.eespto.org).

Your gift is tax deductible. The PTO is a Non-Profit 501c(3) organization. Please email Clare Wool, PTO Treasurer, ([clarewool@mac.com](mailto:clarewool@mac.com)) if your employer will match your contribution.

Please make your donation by Valentines Day - Thursday, February 14th.

Checks made payable to EES PTO.

### DPW UPDATE: MAIN ST. MID-BLOCK CROSSING, 4 FEB. 7-8 PM EES CAFETERIA

Guillermo Gomez, Public Works Engineer, will hold a public meeting to present their concept plan and seek input from the public. This meeting is critical so they can make sure everyone's questions are answered and any changes resulting from the meeting can be incorporated in the plans prior to the next submittal.

### SCHOOL SAFETY & SECURITY MEETING: 24 JAN. 4:30 - 5:30 PM HEALTHY LIVING ROOM (ACROSS FROM ART ROOM)

In response to parent concerns, the PTO will sponsor a meeting on school safety. The goal of this discussion will be to review the current safety status of the Edmunds Campus (EES and EMS), the safety of all of our schools in Burlington, and learn more about what other measures we need to take immediately and in the future. We have invited EES and EMS principals, Superintendent Collins, School Board Members, and other relevant administrators to the meeting. **Childcare will be provided.**

We will try to video record the meeting for those who can't attend.

### 5th ANNUAL MATH NIGHT IS NEXT WEEK! SATURDAY, JAN 26TH, 5:00-7:00 PM

Explore the wonders of math with your child/ren and let them show you what they are learning! A variety math centers and home learning activities will be available for children of all ages, such as graphing, chess, games using dice and playing cards and many other fun activities. Prizes, desserts and drinks too! We will have National Honor Society students from BHS to help facilitate games so that parents can fully enjoy the night with their child/ren. **RSVP with attached form or by sending an email ([smueller@vnrc.org](mailto:smueller@vnrc.org)) including your child's name, grade level and number of people attending.**

For those of you new to Math Night, here is how the night will work:

**5:00 - 5:30 pm:** Pizza and drinks in the lower gym.

**5:30 - 7:00 pm:** Students enter the cafeteria and are given a Math Night ticket with 6 empty circles. As your child completes an activity at a table, you will write that table number in one of the empty circles. When all four circles are filled, put the ticket into bags at the prize table --- you will have a chance to win a game that will be raffled off at the end of the night. Each student gets a take-home bag with games!

**You can help with donations: NEW or GENTLY USED math related games (Uno, Chutes and Ladders, Yahtzee, Phase 10, Dominoes, Set, Sequence, Chess, etc.) for the raffle at the end of the night.** If used, please ensure all pieces are included! Donations can be left outside front office in box marked Math Night. The more games we get, the more children who will receive a prize.

**Also, we need more veggies, fruit or bake cookies or desserts---**consider a math themed treat?! For example, # shaped cookies, muffins or cupcakes with #s on them, or even dice brownies - cut into squares and use white icing to make the dots. Be creative as you'd like, but no pressure if you are not able, we just appreciate your food donation!! Please contact Kate Larson at 248-515-5412 or [kate.larson@mac.com](mailto:kate.larson@mac.com) if you are able to contribute. Thanks and we hope to see you all there!

### EES CHORUS HONORS DR. MARTIN LUTHER KING AT ECHO CENTER

The Edmunds Elementary School Chorus presents I Have a Dream, a short musical of six stirring songs with connecting narrations, at ECHO this Martin Luther King, Jr. Day. We share the dreams of Dr. King and the freedom marchers. Join the EES Chorus for a 20-minute, inspiring musical journey toward hope, peace, and freedom. The performance is part of the daylong celebration and recognition of the work of Dr. Martin Luther King and all who work to further the cause of justice and equality at the ECHO Center on Monday, January 21st. For more information about the events of the day, go

to <http://www.echovermont.org/events/viewevent.html?event=600>

### LOST AND FOUND

We have lots of clothing, boots, shoes, lunch boxes, and miscellaneous items in our lost and found in the entryway of the first floor. Please be sure to check it out if your child is missing something (and even if you think they are not, you might be surprised at what you find). Please note that the Lost and Found includes items from Burlington Kids afterschool program. *Please remember to label your child's items.*

### PINOCCHIO - SCHEDULE AND CAST LIST

Information about the Pinocchio Cast List and the rehearsal schedule for: 16 - 25 Jan can be found on the EES Drama site: <http://eespto.org/theater-program/> For production songs, please visit: <http://www.verymerrytheatre.org/audio.html> and scroll down to *Pinocchio*.

We are looking for a few volunteers to help with transportation. We have a few students who do not have transportation to after school programs and/or home after play rehearsals. We are looking for some parent volunteers to drive these students to where they need to be after rehearsals. If these students can't find transportation, they will not be able to participate in the production. We are hoping with your help, so that every child who wants to be in the play will get the opportunity.

If your child is in any of the following casting groups and you are willing to help, please let us know:

#### ***SHARKS; RASCALS; CARABINEERS***

If your child is not in one of these groups, but you would like to help anyway, you can let us know that as well.

Please contact one of the production team leaders with questions or concerns:

Susie Moakley: cell: 355-0404

email: [smoakley@burlingtontelecom.net](mailto:smoakley@burlingtontelecom.net)

Joanne Beaubien: cell: 238-5141

email: [joannebeaubien@gmail.com](mailto:joannebeaubien@gmail.com)

### ITEMS NEEDED BY THE EES HEALTH OFFICE

EES Nurses, Jamie Charlson and Joanne Limanek, are looking for donations of girls and boys new under ware (sizes 5,6,7) to replenish their stash for kids who have the occasional accident. They are also soliciting packages of new lip balm for kids' chapped lips, and gently used waterproof mitten (all sizes). If you are able to donate anything, please contact Jamie ([jcharlso@bsdvt.org](mailto:jcharlso@bsdvt.org)) or drop off the items in the health office. Thank you.

### DR. MATHIAS PLAYS HOCKEY FOR BREAST CANCER PATIENT SUPPORT PROGRAM

Shelley Mathias is playing in the 14th Annual **Face Off Against Breast Cancer (FOABC)** Women's Hockey Tournament at the Memorial Sports Center in Middlebury on January 19, 2013. The tournament raises money for the Cancer Patient Support Program (CPSP) and the funds are used to help people right here in Vermont, getting cancer treatment at Fletcher Allen. The CPSP provides emergency financial assistance to people undergoing cancer treatment; people who can't work and loose wages because of their illness.

#### **The best and easiest way to donate is online**

<http://faceoffagainstbreastcancer.wildapricot.org/default.aspx?pageid=807842> or:

<http://www.faceoffagainstbreastcancer.org/> To donate quickly and securely via credit card, or PayPal, donors should click on the "Donate Now" button. Then under "I'm here to donate to an individual player" on the website".

Donors will be able to indicate the team (**Evolution**) that you'd like to support. If you prefer to donate by check: You can send your checks made out to "Face Off Against Breast Cancer" (FOABC) to:

Face Off Against Breast Cancer

c/o Cathy Chase

P.O. Box 421

Middlebury, VT 05753

*Your donation is tax deductible! (Cancer Patient Support Program, tax ID # 03-0365270)*

If anyone wants to make the trek to Middlebury, Evolution would love a cheering section! - Games at 9:40, 1:10 and 3:20.

#### Pinocchio Costumes

Everyone interested in helping with Pinocchio costumes is invited to a **costume meeting** at Korinna Hilleman's house.

The meeting is for anyone interested in helping out with **costumes** in any way. You don't have to be willing to head up a **costume group** or have any sewing skills. Any help is appreciated!

Where: 334 South Union Street - Corner of Spruce

When: Thursday, January 24 at 8:00 pm.

If you have questions, please call Korinna Hilleman at 862-9270 or email Kristen Shamis at [kristens@akzg.com](mailto:kristens@akzg.com).